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Bioactivity and Phytochemical Compound Test on Black Betel Leaves (*Piper betle var. nigra*) A Literature Review

Khalish Arsy Al Khairy Siregar¹, Hasyrul Hamzah¹, Paula Mariana Kustiawan¹, Wirnawati¹, Chaerul Fadly Mochtar Luthfi M¹

¹Faculty Of Pharmacy, Muhammadiyah University Of East Borneo, East Borneo, Samarinda Indonesia, 75124

Abstract : Indonesia has abundant biodiversity throughout its land and seas. The use of plants as treatment has been carried out for a long time by people in Indonesia. Biodiversity Indonesia has abundant potential herbal plants. One of the potential herbal plants is the black betel leaf (Piper betel). The people of Indonesia have long used black betel. Black betel leaf contains phytochemical compounds, namely alkaloids, saponins, tannins, and flavonoids. Empirically, this plant has been used by the community for several uses and also has many bioactivities, namely as an antiseptic, analgesic, antioxidant, antibacterial, antidiarrheal, anti-inflammatory, and other activities that are good for the body where it is hoped that this plant can be developed into output in the form of products that are good for the body. The community can use it. The results of a journal search where we found many secondary compounds found in black betel leaf, which are in the flavonoid, terpenoid, alkaloid, and other groups, besides that we found several activities that were scientifically recorded, including antibacterial, antioxidant, antihyperglycemic, antifungal activity. and others. Black betel leaf has many activities, including antioxidant, antibacterial, anti-inflammatory, antihyperglycemic, and others supported by supporting secondary compounds.

Keywords - Black Betel Leaf, Phytochemistry, bioactivity, Piper betel, potency

I. INTRODUCTION

Indonesia has abundant biodiversity throughout its land and seas. The use of plants as treatment has been carried out for a long time by people in Indonesia [1]–[4]. Every plant contains various chemical substances called phytochemicals, where these materials have many activities that are good for the body and can function as compounds that can fight disease. Phytochemicals are chemical compounds that occur naturally in plants and have more specific functions [5]–[7]. Plant secondary metabolites have important roles in plant defense against pests and defense between other species. Humans use secondary metabolites as medicine, flavoring, and recreational drugs. Treatment using herbal plants is currently increasingly widespread using various types of plants [8]–[12]. There is no doubt about Indonesia's biological diversity, with an abundance of herbal plants. One of the Indonesian herbal plants that has efficacy is Black Betel leaves or Piper betle var. This plant is still very rarely discussed, and not much is known about its content and activities. Piper betle var. is a species of the betel tribe which is included in the Piperaceae family [13]. Empirically, traditional people use this plant as a treatment for stomach pain, ulcers, diabetes and others. This study aims to determine the phytochemical content and trace bioactivity in Piper betle var. Black Betel leaves , which is expected to be used in the future as a medicinal ingredient used to fight various types of diseases [14].

II. MATERIALS AND METHODS

This article research uses the literature review method, as used by collecting international and national articles and journals. Using the goggle platform and Pubmed using the keywords Black Betel Leaf, Phytochemistry, bioactivity, Piper betel, this research was conducted in November 2021.

III. RESULT

Description of Black Betel Leaves (Piper betle var. nigra.)

Betel leaf is a plant that is vines and depends on other plants for its life. And also this black betel leaf is one of the betel tribe or Piperaceae, the position of black betel plants in plant taxonomy is as follows:

Kingdom : Plantae

Sub Kingdom Tracheobionta Super Divisi Spermatophyta Divisi Magnoliophyta Kelas Magnoliopsida Magnolidae Sub Kelas Piperales Ordo Piperaceae Familia Piper Genus

Species : Piper Betle var nigra

Black betel is one type of betel plant that has many uses as medicine. Black Betel leaves has a unique characteristic, namely the shape of the leaves resembles a heart, stems, the leaves are dark green blackish, and when held, the leaves feel thick and stiff [15]. The use of Black Betel leaves (*Piper betle* var. *nigra*.) The practical use of Black Betel leaves related to antioxidants is that Black Betel leaves is used in the treatment of diabetes mellitus, hepatitis, kidney stones, lowering cholesterol, preventing stroke, gout, hypertension, and others [16], [17].

Phytochemical Screening

From the journals that have been reviewed, several compounds have been found that play a role in Black Betel leaves (*Piper betle* var. *nigra*.), where Black Betel leaves contains volatile, volatile oils. The derivative of the essential oil is found in the compound Betel leaves containing volatile, volatile oil. Among the largest are chavicol and betlephenol. In addition, other compounds found were allylcocotechol, cinede, charryophyllene, menthone, eugenol, methyl ether, in addition to vitamin C compounds and arakene alkaloids [18]. Black Betel leaves contains secondary metabolites of alkaloids, carotenoids, phenolic compounds, flavonoids, polyphenols, saponins, tannins, steroids, and triterpenoids [8], [9], [13], [19]–[21]. Chemical compounds that are thought to function in this case are tannins, phenolic compounds, saponins, flavonoids, alkaloids, and steroids [15]. The secondary metabolites contained in Black Betel leaves include:

Tabel 1. Chemical Compoud in Black Betel (Piper betle var. nigra.)

Category	Ch	nemical Compound
Alkaloids [22]–[24]	3,4,5-trimetoxy	Phenethylamine
Flavonoid [25]–[28]	4H-pyran-4-one O 4H-pyran-4-one O H Veleraldehyde	2,3-dihydro 3,5-dihydroxy-6-methyl Phytol
Terpenoid [29]–[33]	Patchouli alcohol	9-Octadecenoic acid
Etanol [34]–[37]		11-octadecenoic acid

Bioactivity in Black Betel Leaf (Piper betle var.)

Tabel 2. Bioactivity in Black Betel (Piper betel var. nigra.)

Activity	Description
Antioxidant	Black Betel leaves extract has antioxidant activity shown in methanol extract, ethyl acetate fraction extract and n-butanol fraction extract, Black Betel leaves extract which does not have antioxidant activity is shown in n-hexane fraction extract, and the best IC50 value is shown in methanol extract which is 158.53 ppm [15]. The results of testing the cytotoxic potential of the Black Betel leaves extract (<i>Piper betle</i> var. <i>nigra</i>) obtained the LC50 value of each, namely the young Black Betel leaves extract was 69.18 ppm and the dark Black Betel leaves extract was 5.13 ppm [38].
	The results showed that the Rf values of compounds with antioxidant potential in n-hexane extract, ethyl acetate extract, and ethanol extract were 0.6625, respectively; 0.525 and 0.475. Antioxidant potential in the form of IC ₅₀ values possessed by n-hexane extract, ethyl acetate extract, and ethanol extract, respectively were 72.440; 25.009, and 8.123 g/ml [39].
	Betel leaves decoction has an antihyperglycemic effect in male rats. It is expressed as a significance value < 0.05. Betel leaves boiled water does not affect reducing blood cholesterol levels in male rats. This is indicated by a significance value greater than 0.05. From the data above, it can be concluded that the boiled water of Betel leaves can be used as an herbal alternative to lower blood sugar [40].
Antihyperglycemia	There is a significant effect between the treatment of Betel leaves decoction on reducing blood sugar levels in alloxan-induced white rats. There is a very significant correlation between the treatment and the decrease in blood glucose, where the correlation is directly proportional. The most effective dose of Betel leaves decoction in reducing blood sugar levels in white rats is 3 ml/150 grams BW/day [41].
	Giving 2% Betel leaves extract reduced blood glucose levels in experimental animals, namely male white rats (<i>Rattus Copernicus</i>) [17].
Antibacterial	The study results concluded that the ethanolic extract of Black Betel leaves (<i>Piper betle</i> L. var <i>Nigra</i>) has antibacterial activity on the growth of Propionibacterium acne bacteria. Moreover, storage time has an effect on the antibacterial activity of the ethanolic extract of Black Betel leaves, which on day 7 produces the largest bacterial inhibition zone compared to the bacterial inhibition zone on days 3 and 10 [42].
Antioxidant	Black Betel leaves extract has antioxidant activity shown in methanol extract, ethyl acetate fraction extract and n-butanol fraction extract, Black Betel leaves extract which does not have antioxidant activity is shown in n-hexane fraction extract, and the best IC50 value is

shown in methanol extract which is 158.53 ppm [43].

IV. CONCLUSION

Search results from several articles found secondary compounds found in Black Betel leaves (*Piper betle* var. *nigra*.), including 4H-pyran-4-one, Veleraldehyde, Phytol, Patchouli alcohol, 9-Octadecenoic acid, Cyclohexene, 11-octadecenoic acid, Butyrolactone, Palmitic acid, 3,4,5-trimetoxy Phenethylamine 4H-pyran-4-one 2,3-dihydro 3,5-dihydroxy-6-methyl. In addition, several activities were found in Black Betel leaves, including antifungal, antioxidant, antihyperglycemic, and antioxidant activities.

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